

1 **Comparison of extracellular vesicles and mechanically induced vesicles for**
2 **structure determination of membrane proteins**

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31 **The structural and functional characteristics of membrane proteins can be influenced by**
32 **the composition of the membrane. Consequently, native membranes are most relevant for**
33 **the study of receptors and other membrane proteins. In this study, we investigated two**
34 **types of cell-derived vesicles: natively shed extracellular vesicles (EVs) and mechanically**
35 **derived vesicles (MVs). To this end, we utilized the human breast cancer cell line SKBR3,**
36 **which strongly overexpresses the receptor HER2. We designed a protocol based on**
37 **designed ankyrin repeat proteins (DARPs) to purify EVs and MVs enriched in HER2,**
38 **and to ensure the native orientation of the HER2 receptors within the vesicle. The isolated**
39 **HER2-containing EVs and MVs were characterized by cryo-EM, cryo-electron**
40 **tomography (cryo-ET) and mass spectrometry (MS), which revealed fundamental**
41 **differences between the different vesicle types. Our study highlights the greater structural**
42 **diversity of EVs over MVs. A single particle cryo-EM analysis and classification of all**
43 **visible receptors on the vesicle surface yielded electron density consistent with HER2 at**
44 **modest resolution. Taken together, our results suggest that MVs can serve better than EVs**
45 **as a suitable platform for the structure determination of membrane proteins within their**
46 **native membrane environments.**

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53 **Introduction**

54 Membrane proteins are essential for cellular function, since they are involved in many
55 fundamental processes, such as cell signaling, solute transport, immune responses, and synaptic
56 transmission. Previous studies have shown that the local membrane environment intricately
57 controls many aspects of membrane protein properties(1, 2). For example, the lipid composition
58 of the membranes is coupled to protein conformational changes(3, 4), the membrane
59 environment influences protein diffusion(5), and the interactions between co-localized proteins
60 in the same membrane are linked with cellular signalling(6). Therefore, ideally, the structure of
61 a membrane protein would be determined in its native membrane environment.

62 Structural determination of membrane proteins currently relies on overexpression systems(7)
63 and the subsequent isolation of the proteins of interest in detergents, optionally followed by
64 their incorporation into synthetic lipid bilayers(8, 9). This structural analysis provided
65 unprecedented information expanding our understanding of how membrane proteins are
66 functioning. However, the native membrane environment is lost during such sample
67 preparations. Cryo-electron tomography (Cryo-ET) combined with focused ion beam (FIB)
68 milling has emerged as a promising method for studying the structures of biological molecules
69 in their native cellular environments (10-13). However, due to the dense molecular crowding in
70 membranes, the small size of many membrane proteins and the low signal-to-noise ratio of
71 cryo-ET, the structural features of many membrane proteins are challenging to interpret and/or
72 too weak to be clearly identified and determined. As a result, this method is primarily limited
73 to studying very large membrane-associated protein complexes, such as membrane attached
74 ribosomes (14) or nuclear pore complexes(15, 16).

75 Cell-derived membrane vesicles have been recognized as promising platforms for studying
76 membrane proteins in a close-to-native environment(17-20). Different types of membrane
77 vesicles can be obtained, depending on the experimental procedure. For example, extracellular
78 vesicles (EVs) are a heterogeneous group of membrane vesicles naturally released from
79 cells(21-23). Different functions of EVs were considered, such as the selective elimination of
80 proteins, lipids and nucleic acids from cells, but also intercellular communication via transfer
81 of bioactive constituents from one cell to the other(21, 24). Another type of vesicles are
82 mechanically induced membrane vesicles (MVs), also denoted cell-derived vesicles and a
83 variety of other names(25). They have been prepared by extrusion through a syringe(25-27).
84 They contain many of the original cellular lipids and membrane proteins, often in their original
85 composition(20, 28). While different types of cell-derived membrane vesicles have already

86 been used to investigate the structure of membrane proteins(17, 29), these studies were still
87 built on protein over-expression procedures.

88 HER2 is a member of the EGFR family of receptors (30). Overexpression of HER2 has been
89 implicated in the development and progression of tumors and is commonly associated with
90 aggressive forms of breast and gastric cancers^{6,7}. HER2 is the preferred dimerization partner of
91 members from the EGFR family of receptors. As HER2 has no known ligand, it is always in
92 the extended conformation able to dimerize with other EGFR members(31), and when highly
93 overexpressed such as in several forms of cancers, it can hetro-dimerize even in the absence of
94 a ligand of the other receptor(32).

95 HER2 has been recognized as a prime candidate for tumor-targeting therapeutics, since ~20-
96 30% of breast cancers and ~20% of gastric cancers show HER2 overexpression, usually
97 correlated with a rapid disease progression and poor survival rates⁸⁻¹¹. Over the last few decades,
98 small-molecule tyrosine kinase inhibitors (TKIs)¹²⁻¹⁴ and humanized monoclonal antibodies
99 (mAbs)^{8,15} have been developed to target HER2-overexpressing tumor cells. While kinase
100 inhibitors have resulted in low clinical efficacies during clinical trials¹⁶⁻¹⁸, probably because
101 selection pressure leading to kinase mutations renders the inhibitor inactive, anti-HER2 mAbs
102 have become an integral part of the standard of care for HER2-positive breast cancers. Indeed,
103 combined therapies of mAbs with chemotherapy have turned out to be most efficacious in
104 treating HER2-positive breast cancer¹⁹⁻²¹, and anti-HER2 antibody drug conjugates (ADCs) are
105 being clinically used now as well(33).

106 Here, we set out to evaluate possible avenues to produce HER2-enriched vesicles. To this end,
107 we utilized SKBR3 cells, a HER2-overexpressing human breast cancer cell line(34). Two types
108 of cell-derived vesicles were produced and compared, namely spontaneously shed EVs and
109 mechanically induced MVs. Using an affinity purification strategy based on designed ankyrin
110 repeat proteins (DARPs)(35) immobilized on magnetic beads and cleavable by a specific
111 protease, we successfully enriched HER2-containing vesicles. Cryo-ET and mass-spectrometry
112 were employed to analyze the structure and composition of the vesicles, the crowdedness of
113 their surface, and their membrane protein distributions. Finally, we applied cryo-EM on purified
114 MVs to reconstruct receptor structures on the vesicle surface.

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118 **Results**

119 Naturally occurring extracellular vesicles are shed from the surface of cells into the extracellular
120 space(21-23). They have drawn interest since they are altering the extracellular environment,
121 participate in intercellular communication, and facilitate cell invasion through cell-independent
122 matrix proteolysis(36). In human plasma, platelet derived EVs constitute the majority of the
123 circulating vesicles found in blood(37). In some cancer cells, EVs are enriched in EGFR(38),
124 and they were used to reconstruct a structure of EGFR dimers(39), although only to a modest
125 resolution. On the other hand, mechanically induced vesicles (MVs) have been used to obtain
126 insight into EGFR dynamics in cancer cells by NMR(20). More recently, mechanically induced
127 vesicles were introduced for structural studies of over-expressed ion channels by cryo-EM(29).
128 In the current work, we aimed to isolate and characterize the two different vesicle types, EVs
129 and MVs for their suitability for studying the structure of natively expressed membrane
130 receptors.

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132 **Morphological characterization of EVs and MVs derived from SKBR3 cells**

133 SKBR3-derived EVs were harvested and purified from spent media, obtained from cells grown
134 in serum-free medium for 14 h, while MVs were generated by passing cells through a syringe,
135 a method shown to generate plasma membrane vesicles(20) (Fig. 1a and Methods section). To
136 compare their suitability for structural analyses of receptors embedded in the plasma membrane,
137 we purified EVs and MVs and subjected them to cryo-EM, cryo-ET, and mass spectrometry
138 analysis (Fig. 1a). Low-magnification cryo-EM images of the EVs and MVs showed that the
139 preparations exhibit similar characteristics and are both amenable for cryo-ET analysis (Fig.
140 1b,c). In this investigation, we acquired 35 and 36 tomograms from EVs and MVs, respectively.
141 Subsequent inspection of the tomograms indicated variability and heterogeneity in the physical
142 appearance of the vesicles. Examples of x-y slices through tomograms of EVs are shown in Fig.
143 1d. Based on their morphology, we classified 92 EVs into 9 structural groups: (i) Low inner-
144 density vesicles (3.3%), (ii) elongated vesicles (3.3%), (iii) dense vesicles (8.8%), (iv) partially
145 dense vesicles (22%), (v) cytoskeleton containing vesicles (13.2%), (vi) vesicles with droplet-
146 like structures (droplets vesicles, 2.2%), (vii) multivesicular vesicles (multilamellar vesicles)
147 (3.3%), (viii) crosslinked vesicles (4.4%), and (ix) others (39.5%) (Fig. 1e left).

148 The MVs showed a comparable appearance to the EVs; in total, we analyzed 98 MVs and
149 classified them using the same morphological classification criteria as for the EVs (Fig. 1e

150 right). Cryo-ET analysis of MVs indicated electron densities emanating from the membrane,
151 many of these likely represent receptors (Fig. 1f white arrowheads). Our classification indicated
152 that 77.5% of the MVs appear round and lack substantial internal densities (Fig. 1e, right),
153 resembling the low inner-density EVs, which suggests that MVs are morphologically more
154 homogeneous than EVs. In addition, the diameters of MVs and EVs are comparable, although
155 MVs show lower variance in their diameters (Fig. 1g)

156 To gain insight into the protein constituent in the spontaneously EVs and in the mechanically
157 induced MVs, we performed a mass spectrometry-based proteome analysis of the two different
158 vesicle types using a newly developed protocol for analysis of low sample loads(40). This
159 analysis led to quantification of 6423 proteins from MVs and in quantification of 6607 proteins
160 from EVs (averages of 3 bio-replicates). Among these proteins, 2375 proteins showed
161 differential abundance between the two vesicle types (Fig. 1h and Fig S2). Looking closer into
162 the proteins with different abundances in the two vesicle types it becomes clear that the shed
163 vesicles fraction is richer in cytoskeletal proteins, Rab proteins and exosomal proteins, while
164 the MV fraction seems richer in ribosomal proteins and proteins from the proteasome complex
165 (Fig. S2). This could also be observed in cryo-EM images (see below).

166 Next, we applied the DeepLoc algorithm to predict the subcellular location of the identified
167 proteins. The DeepLoc algorithm uses machine learning to predict the subcellular location of
168 human proteins based on the protein's amino acid sequence(41) . This analysis enabled us to
169 predict which of the identified proteins that would locate into the cell plasma membrane, into
170 organelles, the nucleus or if the proteins would be secreted. Focusing on the 10 % most
171 abundant proteins indicated that the diversity of membrane proteins is higher in the EVs than
172 in the MVs (Fig S2b). HER2 showed slightly higher abundance in EVs compared to MVs. In
173 MVs, we detected similar levels of SUSD2 as of HER2.

174 We also used proteomaps (42) to visualize the proteome compositions of the two different
175 vesicles preparations. It is noteworthy that MVs have a higher content of ribosomal proteins,
176 proteasome-related proteins, and proteins involved in glycolysis compared to EVs (Fig S2h &
177 i). The latter, however, showed higher abundance of cytoskeletal proteins and of proteins
178 involved in signaling pathways. The observed proteome differences are attributable to the
179 distinction between the pathway leading to EVs and the mechanical treatment of cells during
180 the production of MVs(21-23)(25-27).

181 The comparison of the protein composition between EVs and MVs revealed a substantial
182 discrepancy in their protein composition, despite the HER2 expression levels being similar in

183 both SKBR3-derived EVs and MVs. Next, we proceeded to characterize the membrane protein
184 composition, focusing exclusively on proteins containing signal peptides and transmembrane
185 domains. This analysis demonstrated that HER2 is a highly abundant membrane protein in both
186 of MVs and EVs. However, EVs exhibit slightly greater morphological and compositional
187 heterogeneity compared to MVs, and have higher inner density, which is less favorable for cryo-
188 EM based structural analysis.

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190 **A general method for the purification of HER2-containing vesicles**

191 During the production of MVs, the membrane curvature may become inverted, which results in
192 an reversed orientation of the receptors, namely as “outside-in” instead of the native “outside-
193 out” receptor orientation. Therefore, we developed an affinity enrichment strategy based on
194 DARPins(35) immobilized on magnetic beads. Here, we took advantage of the DARPIn G3, a
195 previously developed HER2 binder that has a picomolar affinity to the extracellular domain
196 (ECD) of HER2(43, 44), and could be equipped with a C-terminal protease cleavage site,
197 followed by a C-terminal Avi-tag.

198 The process involved three major steps (Fig. 2a): (1) Streptavidin-coated magnetic beads were
199 incubated with the biotin-conjugated DARPIn G3 to produce G3-decorated magnetic beads; (2)
200 binding of the HER2-containing vesicles to the DARPIn G3-coated beads after mixing; (3)
201 elution of the HER2-containing vesicles by proteolytic cleavage and release of the DARPIn
202 captured vesicles from the beads, followed by analysis by mass spectrometry and cryo-EM.

203 The optimal conditions for binding biotinylated DARPIn G3 to streptavidin coated magnetic
204 beads and subsequent release by 3C protease cleavage were validated by SDS-PAGE analysis
205 (Fig. S3). More than 50% of the G3 protein was biotinylated, as indicated by a shift to higher
206 molecular weight (lane 2, band located at approximately 65 kDa) when forming an SDS-PAGE
207 resistant complex with streptavidin. However, this shift was completely abolished upon
208 treatment with 3C protease, which cleaves off the biotinylated Avi-tag (lane 4, Fig. S3). Since
209 unbiotinylated G3 cannot bind to streptavidin beads, an additional washing after the first step
210 ensures that unbound DARPins cannot interfere with the purification strategy. The feasibility
211 of the approach was also validated using intact cells with or without HER2 expression (Fig. S4)

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213 **Characterization of HER2-containing EVs and MVs**

214 HER2-containing EVs and MVs were enriched using the strategy described above followed by
215 cryo-ET analysis. Although the average diameter of HER2-containing EVs was found to be 190
216 ± 100 nm, and thus only slightly smaller than the average of the total population of EVs (Fig.
217 2b), indicated that this difference in diameter was significant. Next, we classified the enriched
218 HER2-vesicles by their morphological characteristics, as done for the total EVs (Fig. 1d & e).
219 Notably, two prominent vesicle classes observed in EVs (Fig. 1e) were absent from the HER2-
220 enriched EVs (Fig. 2c): The classes of elongated vesicles and of crosslinked vesicles. In contrast,
221 the class of dense vesicles increased in frequency from 8.8% in EVs to 39.1% among HER2-
222 enriched EVs (Fig. 2c). Another notable change was that cytoskeleton-containing EVs appeared
223 larger than those found in HER2-enriched EVs (Fig. 2d). A possible explanation is that the
224 length of the cytoskeletal elements favors them to be present inside larger vesicles, which were
225 underrepresented in the HER2-enriched fraction.

226 These substantial variations between HER2-enriched vesicles and the total EV population were
227 not found in MVs, presumably since the major determinant of their size is their purification
228 protocol and centrifugation step, and thus independent of the HER2 enrichment step. Therefore,
229 the HER2-enriched MVs remained similar to the total population of SKBR3 MVs, with the
230 low-density vesicles being the most abundant morphological class, accounting for over 70% of
231 the vesicles in these samples (Fig. 2c).

232 Thus, significant differences were observed in the vesicle distribution both size-wise and
233 morphologically between the naturally occurring EVs and the mechanically induced MVs. For
234 instance, low inner-density vesicles accounted for only 15.6% of HER2-enriched EVs but for
235 70.2% of HER2- enriched MVs. Conversely, this resulted in a higher average inner density in
236 HER2-enriched EVs compared to MVs (Fig. 2c), suggesting that EVs encapsulate a greater
237 number of macromolecules. These differences imply that the release of EVs is not a random
238 cellular process and that their structural characteristics may reflect specific biological
239 functions(45).

240 A key advantage of the applied enrichment strategy is that both the native and the inverse
241 orientation of HER2-containing vesicles can in principle be obtained, using DARPins that target
242 the extracellular or intracellular receptor domains, respectively. However, in this study, we only
243 used the DARPin G3 that binds to subdomain IV of HER2 ECD(46). The flexible attachment
244 of this subdomain relative to subdomains I to III(47) allows the binding to the DARPin G3 even
245 when this is attached to the large magnetic bead.

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248 **Initial structure determination in native membranes**

249 In many previous cases, structures of single trans-membrane-helix receptors were determined
250 separately for the extracellular and the intracellular domains. However, this approach does not
251 allow full visualization of the interaction with neighboring receptors in the same membrane or
252 the effect of interacting proteins, e.g., therapeutic antibodies, or the impact of small molecules
253 on the conformation of the receptor *in situ*. We therefore set out to develop strategies to allow
254 structure determination of single trans-membrane receptors as full-length proteins in their
255 natural environment. This is a challenging task due to several degrees of flexibility which
256 characterize this group of receptors, even if dimerized(48). The HER2 receptor contains a
257 flexible linker between the single TM-helix and its ecto-domain, allowing some free orientation
258 relative to the plasma membrane(49). Furthermore, the different subdomains making up the
259 extracellular domain can orient differently relative to each other. For example, even when
260 purified, several conformations of the HER2 receptor have been detected, in addition to a
261 spectrum of less populated conformations(47).

262 In the membrane of cell derived vesicles, many different membrane proteins can be expected,
263 and this was indeed observed by our MS analysis (Supp. Table 1). This analysis showed that
264 several proteins with similar molecular weight as HER2 are present in significant amounts and
265 therefore may be misidentified as HER2 receptors, as the initial identification of protein
266 complexes in cryo-EM and cryo-ET mostly depends on low-resolution information, defined by
267 the size and the shape of the receptors. It is therefore extremely challenging to avoid that 2D
268 and 3D classes are constructed by averaging more than a single type of membrane protein,
269 which would be detrimental for the structure determination of the targeted receptor residing in
270 the membrane.

271 As expected, cryo-ET analysis of HER2-containing EVs and MVs revealed a high number of
272 proteins with similar dimensions as HER2 (Fig. 3a & b). In these tomograms a better contrast
273 for MVs than EVs was observed as a result of the lower intra-vesicular density of the MVs
274 (Fig. 3b & c). Although SKBR3 cells are known to natively express a very high copy number
275 of HER2 receptors, the densely packed plasma membrane of the cells highlights the complexity
276 of native membranes and the diversity of proteins embedded in the membranes. Thus, the high
277 density of proteins on the surface of MVs indicated another challenge which comes from the
278 fact that HER2 receptors are localized in proximity of many other proteins, and they may even
279 interact with additional membrane proteins in their native environment.

280 While sub-tomogram averaging(50) may potentially be used to determine structures in the
281 isolated vesicles, this method so far showed only limited success in resolving structures of
282 receptors embedded in plasma membranes(51). In contrast, high resolution structures of ion
283 channels have been resolved from cell-derived membrane vesicles(29). Importantly, the
284 resolved structures were very homogeneous, probably due to the substantial rigidity of the
285 membrane-embedded part of these proteins. Furthermore, they exhibit a molecular weight more
286 than twice that of the HER2 receptor (138 kDa). Nonetheless, these results suggest that cryo-
287 EM could potentially be the method of choice for determining the structure of receptors
288 embedded in MVs. To test this hypothesis, more than 100,000 micrographs were collected from
289 SKBR3-derived MV samples. The high image quality of these rather thick specimens was
290 validated by determining the structure of ribosomes found in the samples. Indeed, a well-
291 resolved ribosome structure was obtained (Fig. S5, 2.8 Å resolution), confirming the quality of
292 the dataset and its high-resolution structural information, which is present in the data.

293 To address the expected diversity among proteins included in our data from the analyzed
294 particles, we first analyzed what the mass spectrometry results indicated as the most abundant
295 membrane proteins in MVs using AlphaFold(52) (Fig. 4a). We found that HER2 was the only
296 abundant membrane protein equipped with both extracellular and intracellular domains that
297 would be large enough to be detected in cryo-EM micrographs. Furthermore, based on a
298 previous structure of HER2, we expected that the HER2 extra-cellular domain (ECD) would
299 extend approximately 10 nm away from the membrane, while the HER2 intra-cellular domain
300 (ICD) would extend approximately 3 nm away from the membrane (PDB:1N8Z, 3PP0)(53).
301 However, the conformational heterogeneity of HER2 may impact these distances, due to the
302 inherent flexibility of full-length HER2 and especially the hinges connecting the
303 transmembrane helix on either side to the domains outside the membrane(49).

304 Therefore, we chose an image processing workflow that is guided by prior structural knowledge,
305 i.e., the domain organization of HER2. After identification of all vesicles in our data set, using
306 the distinctly detectable lipid bilayer as a template (Fig. S6a), all electron densities emanating
307 from the membrane were picked using a manually labeled Topaz(54) model. False positives,
308 primarily located at carbon edges or inside vesicles, were removed based on the absence of
309 bilayer structural features (Fig. S6b,c). Additional filtering of falsely picked densities was
310 achieved by applying the expected dimensions of the HER2 ECD and ICD as criteria. Next,
311 initial 2D classification was performed to exclude densities smaller than 5 nm in diameter,
312 which are unlikely to correspond to the HER2 ECD (Fig. S6d,e).

313 This procedure resulted in 151,480 particles with substantial densities emanating from the
314 membrane. Next, we analyzed the ICDs that are located in proximity to the ECD, although their
315 position may not be fixed, given the expected flexibility of the cytoplasmic region of the HER2
316 receptor, both regarding rotation and position. To classify the ICD independently, the
317 coordinates of each particle were shifted to the inner side of the membrane, and the particles
318 were re-extracted, followed by several 2D classification steps. All classes that displayed
319 potential ICD densities were selected, which resulted in 55,760 particles (Fig. S6f,g). These
320 particles were used to reconstruct a 3D map to modest resolution, which was subsequently used
321 as template for a 3D classification performed in RELION(55), selecting ~50% of the particles
322 as HER2 receptor candidates (Fig. S6h). This resulted in a structure resolved to 8.7 Å (Fig. 4b).

323 To analyze this structure, HER2 domain I-III was fitted into the cryo-EM map using the Phenix
324 package(56) (Fig. 4b). Although HER2 has not previously been determined within its native
325 membrane, it is well accepted that subdomains I-III of its ECD are structurally rigid(47).
326 Therefore, a model consisting of HER2 subdomains I-III was used. The reconstructed structure
327 clearly resembles the shape and size of the HER2 ECD resolved to <9 Å (Fig. S7). However,
328 the refined structure did not show a clear ICD structure (Fig. S7). Similarly, in the structural
329 analysis of purified quasi-full-length HER2, the flexibility in orientation of the ICD also
330 prevented its structure determination, except at very modest resolution(47). Interestingly,
331 several structural classes obtained in the present analysis of sub-tomograms extracted from the
332 vesicles resemble a dimeric assembly of EGFR family of receptors (Fig. S8). However, the
333 limited number of detected structures in this conformation prevented the 3D reconstruction of
334 these potential dimeric receptors.

335 To provide additional insight into the interpretation of the densities observed at the SKBR3
336 membrane surface, we analyzed structures predicted with AlphaFold2(52) for all high
337 abundance membrane proteins detected by mass spectroscopy and compared them with the
338 reconstructed maps. We then systematically compared these predicted structures with the final
339 density maps, after categorizing the membrane proteins into six groups (Fig. S8c and Table 1).
340 We eliminated 5 of the 6 groups as candidates for representing HER2: (i) low-abundance
341 proteins that represent <0.01% of the total membrane protein content. This group of proteins
342 was excluded from further analysis, because the low copy number (estimated as Intensity-Based
343 Absolute Quantification, iBAQ, values from the MS data) reduces the probability that these
344 proteins represent a large enough population to be reconstructed; (ii) proteins with large extra-
345 cellular membrane domains. This group of membrane proteins contains ECD domains larger

346 than 1000 amino acids, which were excluded due to the incompatibility with the reconstructed
347 map; (iii) proteins with small ECD domains (<450 amino acids) were also excluded from further
348 analysis. (iv) proteins with tandem repeat domains. This group of proteins includes 26
349 membrane proteins, most of which are involved in cell adhesion or intercellular junctions. All
350 of them have a unique structural feature which differs clearly from our map. Moreover, similar
351 structures were observed in tomograms, where vesicles are crosslinked with each other (Fig.
352 S8d); (v) disordered proteins: AlphaFold2(52) predictions for these 13 membrane proteins were
353 too disordered to allow meaningful comparisons.

354 After eliminating the proteins from the five groups, the above procedure resulted in 34
355 remaining membrane proteins that could be misinterpreted as HER2 (Supp. Table 1, bottom).
356 Therefore, we downloaded their full length AlphaFold2(52) structures and trimmed the flexible
357 domains based on the pLDDT confidence score. We then calculated the correlation coefficients
358 (CC) for each structure with our HER2 density map, using UCSF Chimera(57). Here,
359 subdomains I-III of HER2 ECD showed the highest CC value (CC = 0.724) with the derived
360 structure followed by the ER protein NCLN (CC=0.720) present only in very low copy numbers
361 (by iBAQ value estimation). In contrast, a plasma membrane protein with similar--lower
362 though--abundance compared to HER2 showed a significantly lower CC value (CC = 0.623).
363 These results support the workflow, but cannot exclude that some included electron densities
364 may be "contaminated" with electron densities from other protein species, such as NCLN and
365 SUSD2. It is likely, however, that the majority of the density was contributed by the highly
366 expressed HER2, and that it is the HER2 receptor that was reconstructed from the native plasma
367 membrane of cell-derived MVs, although at modest resolution.

368 **Discussion**

369 In the work presented, we assessed the potential of using different vesicle types derived from
370 SKBR3 cells for the structural determination of HER2, which is highly expressed on SKBR3
371 cells. The naturally shed EVs offer a promising experimental system for studying receptors in
372 vesicles, particularly due to the relatively high levels of HER2 receptors present in these
373 vesicles. However, the EVs released by SKBR3 cells appeared to be heterogeneous in size and
374 exhibited a relatively dense appearance under cryo-EM analysis. This characteristic rendered
375 the sample less electron transparent, which is a prerequisite for high-resolution cryo-EM and
376 tomography analysis. Notwithstanding, given the elevated HER2 expression levels, this system
377 may offer significant advantages for biochemical analysis, such as measurements of binding
378 affinity of protein ligands, but may be less well-suited for structural investigations.

379 In contrast, our findings showed that mechanically induced vesicles (MVs), exhibit greater
380 homogeneity in terms of morphology and size distribution, compared to EVs, while the
381 expression levels of HER2 were found to be similar. Cryo-ET analysis highlighted the
382 distinctive features of these vesicle preparations. However, the sub-tomography averaging
383 procedure did not yield a satisfactory reconstructed 3D structure. This was presumably due to
384 the relatively low molecular weight of the HER2 receptor (<200 kDa), its orientational
385 flexibility, the high contrast of the membrane, and the low signal-to-noise ratio of the
386 tomograms. The application of cryo-ET to individual proteins, such as HER2, would facilitate
387 the attainment of a more reliable 3D classification, allowing the identification of the complexes
388 under scrutiny. Consequently, the image processing workflow employed in this study focuses
389 on MVs using single particle analysis (SPA) for structural analysis.

390 Recently, several approaches have been developed for resolving heterogeneity in SPA, which
391 demonstrated efficacy for purified protein complexes(58, 59). Previous studies have also
392 examined the application of cryo-EM for analysis of purified vesicles with over-expressed
393 membrane proteins, focusing on protein with a rather rigid transmembrane region. Nonetheless,
394 several challenges become evident when the aforementioned methods are applied to receptors
395 with single transmembrane helices, which ultimately compromise the precision of the analysis
396 when vesicles derived from native membranes are utilized. The primary challenge is the
397 presence of a substantial number of other membrane proteins in native MVs in addition to the
398 protein of interest, as evidenced by MS analysis. This results in a diverse array of membrane
399 proteins that are picked for the classification and subsequent analysis. Consequently, the
400 selected particles likely included other membrane proteins with similar low-resolution
401 structural features. This could not be overcome despite the utilization of prior knowledge, such
402 as predicted structural models of the protein of interest and of the other highly abundant
403 membrane proteins present in the sample. Nonetheless, the approach facilitated a further
404 computational enrichment of HER2 receptors in the particle picking step. In this regard, the
405 development of cryo-EM labeling systems(60, 61) may facilitate circumventing this limitation
406 in subsequent studies, which are under way.

407 An inherent challenge in the structural studies of single-transmembrane helix receptors like
408 HER2 is the variability in ECD orientations. This flexibility of the angle between subdomain
409 IV and the transmembrane helix has also been demonstrated previously for other EGFR-related
410 proteins(47, 48, 62). A challenge with both vesicle preparations is the relative large size of the
411 vesicles as cryo-EM specimens. The mean diameter of the vesicles exceeds 150 nm, thereby

412 leading to augmented ice thickness. In comparison, high-resolution structures of the ion channel
413 Slo1 were resolved from vesicles with a diameter of approximately 40 nm (29), a size obtained
414 by sonication. Thicker ice will result in reduced signal-to-noise ratio in acquired micrographs,
415 which in turn, will have a direct impact on the resolution of determined structures. Despite
416 thicker ice, the samples permitted determination of ribosome structures at high resolution (Fig.
417 S5), the reconstruction of small and more fragile elements, though, remains challenging.

418 Although the resolution of our reconstructed structure was insufficient to produce a high-
419 resolution density map of HER2, a thorough comparison with other proteins in our sample
420 strongly suggested that the structure which was reconstructed is the receptor. Although a high-
421 resolution structure of HER2 could not be derived, the approach followed suggests that a human
422 breast cancer cell line like SKBR3, can be used for structural analysis. The ICD part of HER2
423 becomes much weaker after reconstruction, which indicate high flexibility between the ECD
424 and ICD of HER2 with native membranes, as found in previous studies (47, 63). Nonetheless,
425 a dedicated averaging of micrographs focusing on this domain may help to gain further
426 information in these structural features.

427 In summary, the present study reports the differences between EVs and MVs for structural
428 studies, thereby evaluating the applicability of these preparations as specimens for *in situ*
429 membrane protein structural analysis. Future advancements in cryo-EM and tomography are
430 anticipated to improve high-resolution structural analysis of HER2 in its native environment
431 and so will also further developments in labeling technology. Such technological advances hold
432 the potential to enable the reconstruction of individual transmembrane receptors within cellular
433 contexts.

434

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440 **Author contributions:** Cloning, expression, purification, cryo-EM sample preparation, and
441 cryo-EM data acquisition were performed by C.W. with the help of G.N.D and M.E. Receptor
442 reconstruction analyzed and interpreted cryo-EM data by C.W. under the supervision of M.E.
443 MS data acquisition and analysis was conducted by O. Ø. Project management was carried

444 out by J.O., J.M.C., O.M., and A.P. The initial manuscript was prepared by C.W., O.M. and
445 M.E. All authors contributed to the result interpretation and discussion, as well as to the final
446 editing and approval of the manuscript.

447 **Methods**

448 *Cell culture*

449 SKBR3 cells and CHO cells were cultured in Roswell Park Memorial Institute (RMPI) 1640
450 medium (Gibco™, 21875-034) containing 10% (v/v) Foetal Calf Serum (FCS) (BioConcept,
451 2-01F10-I) and 1% (v/v) penicillin-streptomycin (Sigma-Aldrich, P0781) at 37 °C and 5% CO₂.
452 For fluorescence analysis, the cultured cells were first detached with 1x trypsin-EDTA solution
453 (Sigma-Aldrich, T4174) and then seeded onto a 35-mm cell culture dish with glass bottom
454 (MatTek, P35G-1.5-14-C) and grown overnight.

455 *EVs and MVs vesicle purification*

456 To prepare extracellular vesicles (EVs), 10 × 15 cm cell dishes of SKBR3 cells at approximately
457 80% confluence grew in serum-free RMPI 1640 medium overnight. The spent medium was
458 collected (~200 mL), and cells and debris were removed by centrifugation at 2000 × g for 10
459 min. The supernatants were then filtered using 0.8 μm filters (Sartorius Stedium Biotech GmbH)
460 before concentration with Amicon Ultra - 15 centrifugal filters (10 kDa) to reduce the volume
461 to ~10 mL. EVs were pelleted by centrifugation at 4°C for 30 min at 20,000 × g. The
462 supernatants were carefully removed and 1 mL of PBS was added for resuspending the EVs,
463 which were then pelleted again. The enriched EVs were suspended in 20 μL PBS for
464 characterization.

465 To prepare mechanically induced vesicles (MVVs), 10 × 15 cm cell dishes of SKBR3 cells at
466 approximately 80% confluence were used. The cells were manually detached with a cell scraper
467 and suspended with homogenization buffer (20 mM Tris pH 7.4, 1 mM EDTA and 250 mM
468 sucrose, supplemented with freshly added phosphatase inhibitors and a protease inhibitor
469 cocktail (Complete Mini, Roche). Syringes (27G × 1½, 0.4 mm × 40 mm) were used for
470 generating vesicles from the cells. Subsequently, the unbroken cells and cell debris were
471 removed by centrifugation at 1,000 × g for 10 min followed by centrifugation of the supernatant
472 at 10,000 × g for 50 min at 4°C. The membrane vesicles were then collected at 110,000 × g for
473 1 h at 4°C and resuspended in 20 mM HEPES (pH 7.4) for characterization.

474

475 *Specific binding of magnetic beads to HER2 expressing cells*

476 SKBR3 cells and CHO cells—not expressing HER2—were cultured in 12-well cell culture
477 plates. Aliquots of 10 μL magnetic beads were coated (see next section) with DARPIn G3 or

478 E3-5 (with no measurable affinity for HER2 as a control) prior to incubation with cells in 1 mL
479 serum-free RPMI 1640 medium for 1 h. To avoid bead sedimentation, the cell plates were gently
480 shake at 100 rpm/min. Then the cells were washed 3 times for 10 min with a higher shaking
481 speed of 200 rpm/min. Light microscopy images were acquired to verify the specificity of the
482 binding.

483

484 *Enrichment of HER2-positive vesicles using magnetic beads*

485 To enrich for vesicles that expose the extracellular domain of HER2, HER2 binding DARPins
486 with a 3C cleavage site (described below) were coupled to magnetic beads for vesicle
487 enrichment. The 3C cleavage site enabled easy release of the vesicles by addition of the 3C
488 protease.

489 The DARPin G3 (abbreviated as G3)(43) was fused with an N-terminal MRGS-His₆ tag and a
490 C-terminal Avi-tag preceded by a 3C protease cleavage site (LEVLFQGP). G3 was expressed
491 and purified as described previously(43). The DARPins were biotinylated in vitro using biotin
492 ligase and purified using Nickel-NTA and gel filtration chromatography. The protein
493 concentration of purified biotinylated DARPin G3 was 294 μ M, evaluated with a Nanodrop
494 2000 Spectrophotometer (Thermo Scientific) at 280 nm.

495 The biotinylated DARPin G3 was then immobilized on streptavidin-coated magnetic beads. For
496 each experiment, 10 μ L of G3 were incubated with 200 μ L DynabeadsTM Biotin Binder
497 (InvitrogenTM, 11047) for 1 h, at 4°C. After 3 washes (10 min) with 20 mM HEPES 1% BSA,
498 the G3-coated beads were incubated with SKBR3 cell-derived vesicles for 1 h at 4°C. Then the
499 beads were washed three times with 20 mM HEPES buffer to remove unbound vesicles and
500 pelleted by a homemade weak magnet to minimize bead aggregation. After the first two washes,
501 the beads were resuspended in 20 mM HEPES with 1% BSA, and after a third washing step,
502 the beads were resuspended in 20 mM HEPES without BSA. Vesicles were then released from
503 the beads by addition of 4 μ L 3C protease (GenScript, Z03092) followed by incubation for 2 h
504 at 4°C. The supernatant was collected and concentrated using a Vivaspin-500 filter (100 kDa,
505 Sartorius, VS0141) to ~10 μ L for cryo-EM analysis. For the control experiment, a HER2-non-
506 binding DARPin (E3-5) was used at 241 μ M, and the 11 μ L of E3-5 in the same format was
507 used for immobilization on magnetic beads in each individual experiment.

508

509 *Immunofluorescence and confocal microscopy*

510 Cells cultured on coverslips were fixed using 3.7% paraformaldehyde (4 min) and then
511 permeabilized with 0.1% Triton X-100 (Sigma-Aldrich, T8787) for 10 min prior to incubation
512 with blocking buffer (2% w/v BSA, 22.5 mg/mL glycine in PBS, pH 7.5, supplemented with
513 0.1% Tween-20 (PBST)) for 1 h at room temperature. The primary anti-HER2 antibody 3B5
514 (Merck, MABE330, 1:1000) was diluted in blocking buffer and incubated with the cells
515 overnight at 4°C. After 3 washes with PBST, the FITC-labeled secondary antibody (Jackson
516 ImmunoResearch, 715-095-150, 1:200) was applied for 1 h at room temperature. Cell nuclei
517 were stained with Hoechst 33342 (Sigma-Aldrich, B2261) at room temperature for 30 min. The
518 samples were then further washed (3x10 min) with PBS. HER2 localization was recorded in
519 the GFP channel, and the Hoechst channel was recorded to visualize nuclei. The fluorescence
520 images were acquired using a DMI4000B microscope (Leica Microsystems), and confocal
521 scanning microscopy images were acquired with a Leica SP8 inverse FALCON laser scanning
522 microscope. 3D stacks were reconstructed in Imaris 9.6.0.

523 *Mass spectrometry analysis of vesicle samples*

524 NTA measurements

525 Vesicle samples with EVs and MVs were analyzed by nanoparticle tracking analysis (NTA)
526 using a Zeta View PMX-220 NTA analyzer (Particle Metrix , Germany) equipped with a 520
527 nm laser to estimate the particle concentrations. In brief, samples were diluted with PBS to a of
528 10,000 fold final dilution. From this dilution, 1 mL was injected into the NTA analyzer and
529 nanoparticles were counted by scanning at 11 different locations twice at 22 °C. The recorded
530 data were analyzed and summarized using the ZetaView software version 8.05.14 SP7 reporting
531 vesicle concentrations in the original samples.

532 OneTip sample digestion and desalting

533 For tryptic protein digestion prior to analysis by mass spectrometry, EV and MV samples were
534 digested directly on EvoTips, essentially as described (40). In brief, samples were diluted to 10⁷
535 particles/μL. Five μL diluted sample (equivalent to 50 million particles) were then loaded on
536 EvoTips already prepared as follows: First, tips were rinsed with 20 μL 80% acetonitrile, 0.1%
537 TFA, then soaked with isopropanol, followed by a step to equilibrate the C18 material by
538 loading 20 μL 0.1 % formic acid. After each step the reagent was removed by gentle

539 centrifugation of the tips in the EvoTip box at 600xg for 60s. The equilibrated tips were then
540 supplied with 5 uL digestion mix (100 mM triethyl-ammonium bicarbonate, 0.2% n-dodecyl-
541 β -D-maltoside (DDM), 20 ng/ μ L Trypsin, and 10 ng/ μ L endo-LysC) before addition of 5 uL
542 sample with EVs or MVs. Mixing was ensured by centrifugation for a few seconds at 50xg
543 before incubation at 37 °C in an EvoTip box filled with just enough water to ensure that the
544 C18 part of the EvoTips were immersed into the water. After 4 hrs, 50 μ L 0.1 % formic acid
545 were added to the EvoTips followed by centrifugation 60s at 600xg. Then the tips were desalted
546 by washing with 20 μ L 0.1 % formic acid before adding 100 μ L 0.1 % formic acid and
547 placement in an EvoTip box for running the sample using an EvoSep One system.

548 Mass spectrometry analysis

549 Samples were eluted directly from EvoTips onto a C18 column (Aurora Rapid75, 5 cm x 75
550 μ m, 1.7 μ m beads, IonOptics) and eluted into an Astral mass spectrometer (Thermo Fisher
551 Scientific) using an Evosep One LC-system (Evosep, Odense, Denmark) running 16 min
552 gradients (80 samples per day). The spray voltage was 1800V and the ion transfer tube was
553 275 °C. Full scan spectra (380-980 Th) were recorded at 240,000 resolution, 500 % AGC, max
554 30 ms injection time, while MS2 spectra were recorded in a data independent acquisition mode
555 by 149 sequential narrow windows (4 Th), max 6 ms injection time, a normalized collision
556 energy at 25 and an RF lens set to 40%.

557 Database searching and protein quantitation

558 The generated raw files were searched using Spectronaut v20.2 against the SwissProt database
559 including 20,426 human sequences downloaded on 17-10-2023) along with small FASTA files
560 containing sequences for DARPin 9.26, streptavidin, 3C protease, trypsin and endo-lysyl
561 endopeptidase (endo-LysC) and common contaminants from bovine serum often observed in
562 samples from cell culture. The following settings in Spectronaut were applied: Enzyme:
563 Trypsin/P, peptide length - min 7 AA, max 52 AA, max 2 missed cleavages; Fixed modifications
564 - none; Variable modifications - Oxidation(M), Acetyl (Protein N-term); Protein LFQ method:
565 MaxLFQ, Quantity level: MS2, Quantity type: Area. iBAQ values were calculated outside
566 Spectronaut by dividing MaxLFQ quantities from Spectronaut by the *in-silico* calculated
567 number of observable tryptic peptides with no missed cleavage sites.

568

569 *Cryo-ET and cryo-EM, sample preparation and data acquisition*

570 Tilt series were acquired using glow-discharged holey carbon copper EM grids (R2/1, 200 mesh,
571 Quantifoil). 3 μL vesicle samples were introduced to the EM grids, prior to addition of 3 μL of
572 6 nm gold fiducial markers (Aurion). Samples were freeze plunged using a Vitrobot (Thermo
573 Fisher) for snap freezing. Tomograms were mainly acquired using a FEI Titan Krios G1 electron
574 microscope (Thermo Fisher) equipped with a Gatan Quantum Energy Filter and a K2 Summit
575 direct electron detector (Ametek). Data were acquired at 81k magnification, resulting in a pixel
576 size of 0.175 nm. All tomograms were acquired at 2.5-3.5 μm underfocus, covering an angular
577 range of $\pm 60^\circ$ with a 3° increment, and a total electron dose of $\sim 120 \text{ e}^-/\text{\AA}^2$. SerialEM was used
578 for tomogram acquisition and IMOD(64) was used for reconstructions of tomograms.

579 A total number of 37, 56, 144, and 103 tomograms were collected from the samples with EVs,
580 HER2-enriched EVs, mechanically induced vesicles (MVs) and HER2-enriched MVs,
581 respectively. Diameters of the vesicles were manually measured in 3dmod and analyzed in
582 Microsoft Excel and Origin (OriginLab Corp.).

583 For single particle cryo-EM, 3 μL vesicle samples were loaded on glow-discharged holey
584 carbon gold EM grids (R2/2, 200 mesh, Quantifoil). The grids were blotted briefly, and an
585 additional 3 μL vesicle samples were loaded, in order to increase the vesicle densities on the
586 grids. All EM grids were vitrified using a manual plunger (MPI, Martinsried). The data were
587 collected using a Titan Krios G3i (Thermo Fisher) equipped with a Gatan BioQuantum Energy
588 Filter and a K3 Summit direct electron detector (Ametek), at a magnification of 130k, resulting
589 in a pixel size of 0.651 \AA . The micrographs were automatically acquired with an underfocus
590 range between 1.5 -3.2 μm using Thermo Fisher Smart EPU software with a total electron dose
591 of $\sim 60 \text{ e}^-/\text{\AA}^2$.

592

593 *Quality control of the data by ribosome reconstruction*

594 Ribosomes present in the sample, enclosed by vesicle membranes, were used to confirm the
595 quality of the samples. The image processing of ribosomes was performed in Scipion(65). A
596 dataset of 12,373 movies of MVs was used. The particle picking was divided into two steps:
597 the first step was the manual picking of ribosomes in a few micrographs, and the second step
598 the auto-picking using the xmipp software. The CTF was estimated using Gctf. A total of
599 257,176 particles were extracted at 1.3 $\text{\AA}/\text{pixel}$ in a box-size of $400 \times 400 \text{ pixel}^2$ and used for 2D

600 classification using CryoSPARC(66). 87,891 particles were used for the initial model,
601 generating a 3D map using CryoSPARC. After using non-uniform refinement in CryoSPARC,
602 a map at 2.8 Å resolution and B-factor -45.3, was obtained. The sharpening was applied to the
603 final map, indicating that the sample allows to obtain structures at ~3 Å.

604

605 *Image processing of MVs*

606 All vesicle micrographs were imported into CryoSPARC(66). In the software package, the
607 Patch Motion Correction, Patch CTF Estimation, Blob Picker and Topaz Extract were used for
608 frame alignment, CTF correction, and particle picking, respectively. For the primary
609 classification to remove false particles located on carbon edges or inside vesicles, the particles
610 were extracted in a box size of 48×48 pixels with binning 10. For the second classification
611 with the aim to detect low-resolution structural features of membrane proteins, the particles
612 were extracted in the same box size but with binning 6. The ab-initio reconstruction procedure
613 was selected for initial template creation and used for primary 3D particle alignment with non-
614 uniform refinement. The particle center was shifted to the inside of the vesicles with the volume
615 alignment tools, and for the intracellular part, the particles were re-extracted in a box size of
616 34×34 pixels with a binning factor of 6. After 2D classification, the whole map was
617 reconstructed with the particles extracted in a box size of 84×84 pixels with binning 6, while
618 maintaining the primary alignment.

619 To transfer the particles from CryoSPARC(66) to Relion5.0(55), the particles were extracted in
620 a box size of 80×80 pixels with binning 3 in CryoSPARC(66), and then the PYTHON script
621 `csparc2star.py(67)` was used for the conversion to the RELION format.

622 The 3D classification and 3D refinement were performed in Relion5.0(55). The template was
623 derived from the previous non-uniform refinement map, with C20 symmetry applied. Blush
624 regularization(68) was used for 3D classification.

625

626 *Molecular docking of AlphaFold models into the experimental density map*

627 The AlphaFold2(52) predicted structures of full length HER2 were downloaded. The truncated
628 structure consisting of subdomains I, II, and III was fit to the density map using Phenix
629 docking(56). The AlphaFold2(52) predicted structures of all other abundant and possible
630 membrane protein candidates were also downloaded. According to the domain boundaries and

631 the model confidence derived from the pLDDT score, only the domains which are located
632 outside of the membrane were used for docking. The models were fitted into our experimental
633 3D data and the correlation coefficient was recorded in Chimera(57).

634

635 *Statistical analysis*

636 Segmentation of vesicle tomograms was conducted in the Dragonfly 3D software. Analysis of
637 internal density of vesicles was calculated in MATLAB using the TOM Toolbox(69).

638

639 *Data availability*

640 The recorded mass spectrometry RAW files along with the search result has been uploaded to
641 the data repository PRIDE (70)and are accessible with the following identifier: PXD074163

642

643

644 The output from Spectronaut were analyzed further using Rstudio (v2022.12 B353, R version
645 4.2.2). Proteomaps(42) were used to visualize the quantitative composition of selected samples.

646

647

648 References

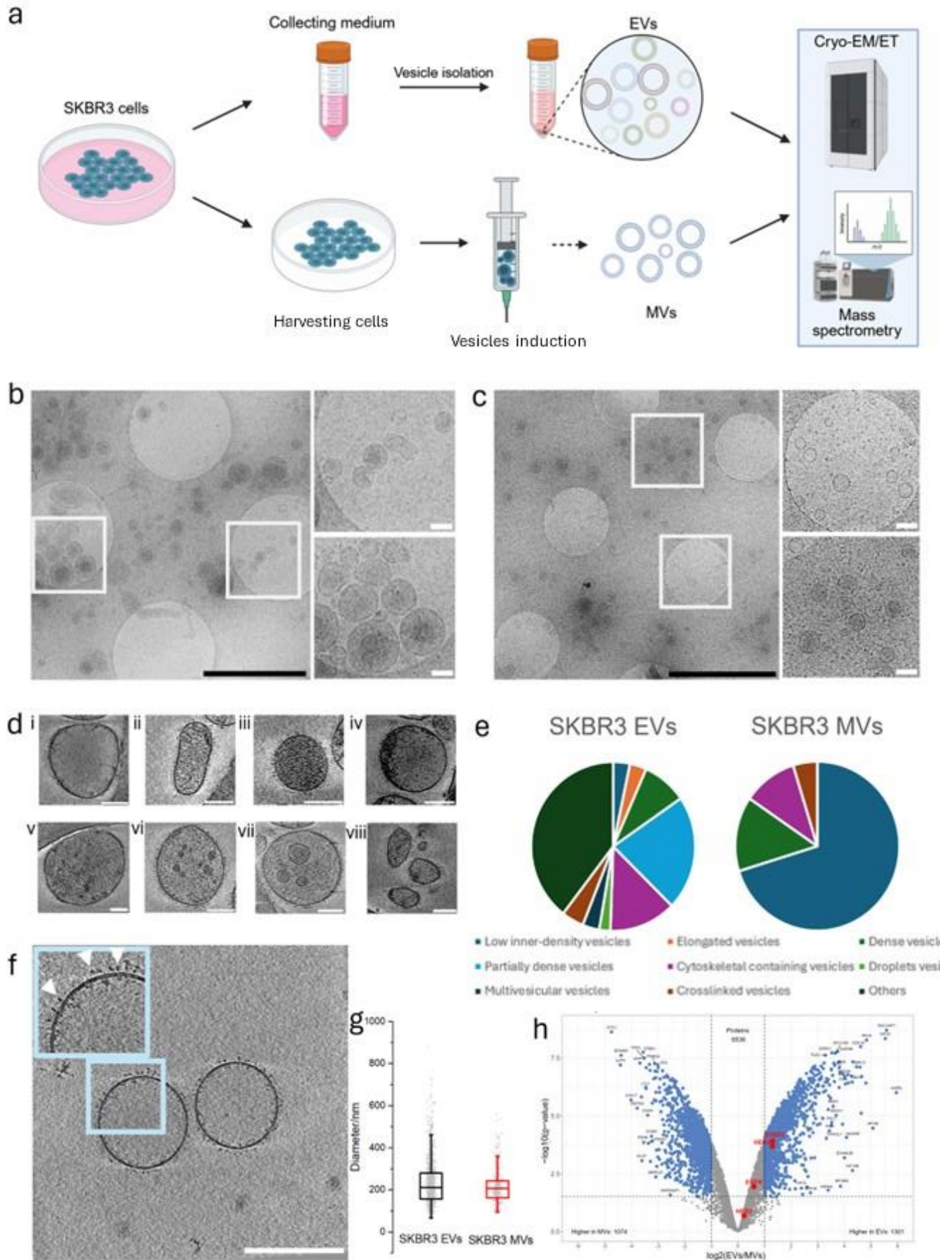
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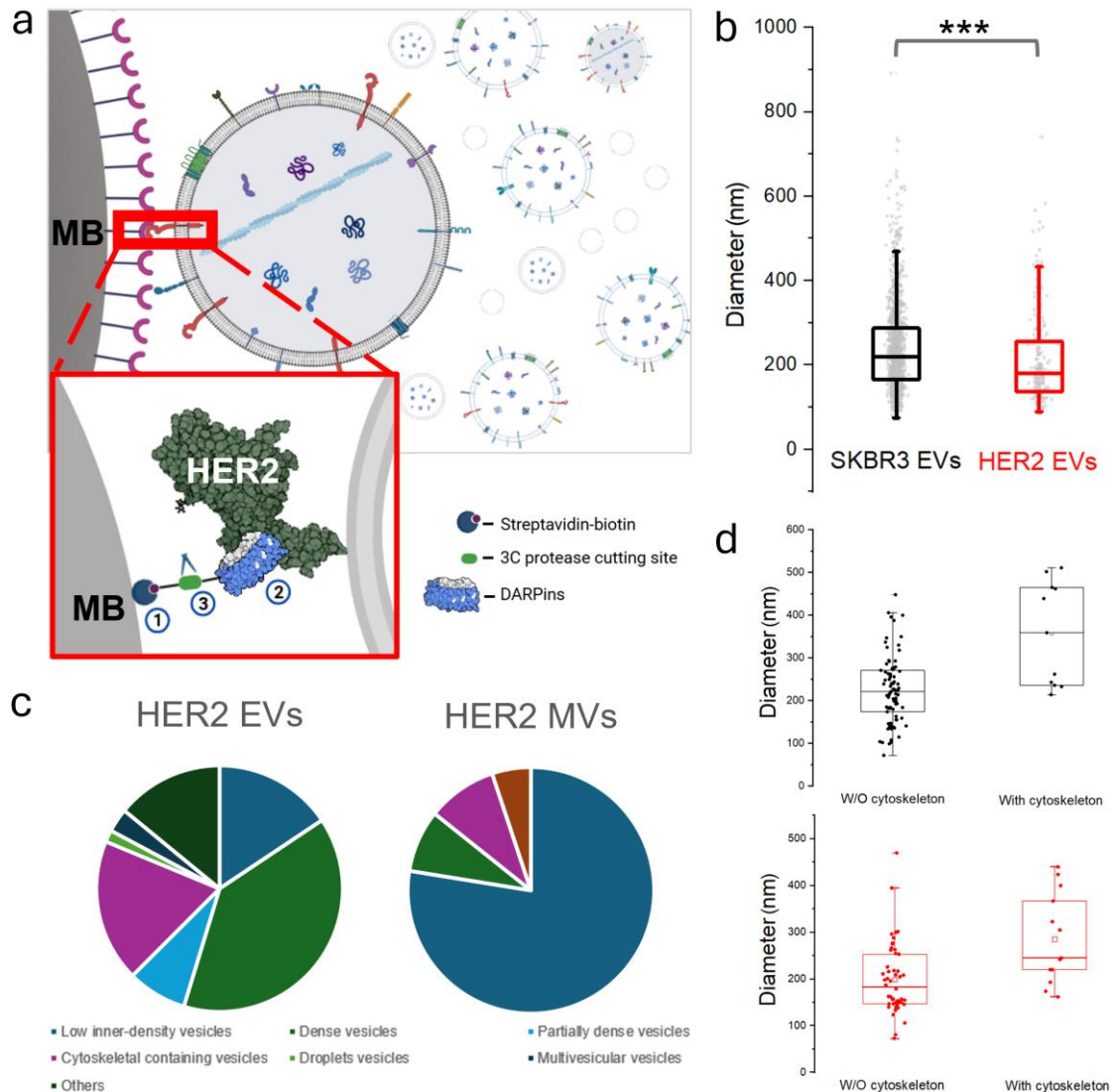
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804 **Figure 1. SKBR3-derived EVs and MVs. a.** A schematic illustration of two different types of vesicle
805 preparations and analysis. EVs are naturally released by cells, while MVs are mechanically
806 created by extrusion through a syringe. **b** and **c.** Representative cryo-EM micrographs of SKBR3-
807 derived EVs and MVs, respectively, indicating the comparable size of both vesicle types. White
808 framed regions are shown at higher magnification (right). Black scale bars 2 μm . White scale bars
809 100 nm. **d.** SKBR3 EVs and MVs were classified into nine classes, based on their morphology (here
810 exemplified by EVs): **i**-Low inner density vesicles, **ii**-Elongated vesicles, **iii**-Dense vesicles, **iv**-
811 Partially dense vesicles, **v**-Cytoskeleton-containing vesicles, **vi**-Droplet-containing vesicles, **vii**-
812 Multilamellar vesicles, **viii**-Crosslinked vesicles and 'other vesicles' (e.g., Fig. S8d). An x-y
813 tomographic slice is shown for each class of vesicles. **e.** Pie diagrams showing the class
814 distribution of EVs and MVs. The low inner density vesicles class is the most frequent class in MVs.
815 **f.** An x-y tomographic slice through an SKBR3 MV. A higher magnification of the framed region is
816 shown (top left), where receptors are visible (white arrowheads). **g.** The diameters of both EVs and
817 MVs are comparable, although the MVs show less variability in size. **h.** Volcano-plot comparing
818 the protein composition of SKBR3-derived EVs and MVs characterized by MS analysis. Most
819 proteins showed non-significant differences in abundance between the two vesicle types.
820 Members of the EGFR family (EGFR, Her2 and Her3) and SUSD2 is highlighted in red (More details
821 in Supplementary Figure S2 b-f).

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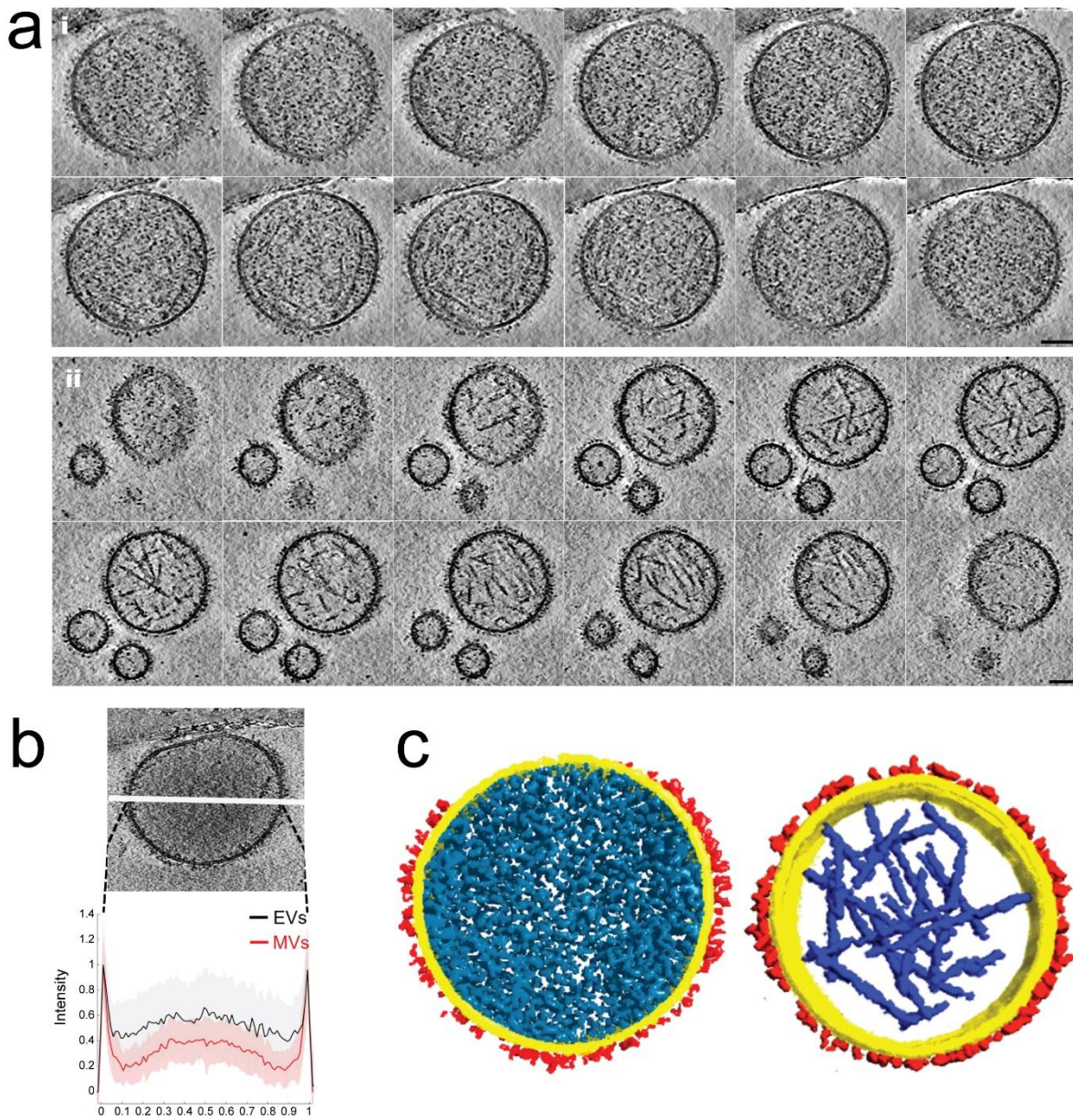


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825 **Figure 2. HER2-containing vesicles purified by magnetic beads coated with protease-**
 826 **cleavable DARPins. a.** Schematic illustration of our approach towards affinity enrichment of
 827 HER2-containing vesicles. Biotinylated DARPins with affinity to HER2 were immobilized on
 828 streptavidin-coated magnetic beads (MB) ①. The biotinylation site is located on an Avi-tag,
 829 separated by a 3C protease cleavage site from the DARPIn. ② Vesicle bound to the DARPIn-coated
 830 bead via the HER2 ECD. ③ Using 3C protease, the immobilized HER2-containing vesicles were
 831 released. **b.** Enriched HER2-containing EVs showed a reduced diameter in comparison to non-
 832 enriched EVs. The diameter was 190 ± 110 nm and 204 ± 110 nm for HER2-enriched EVs and EVs,
 833 respectively (Average values are indicated by horizontal line, and the box range is from 25-75% of
 834 the whole population. **c.** The class distribution of EVs and MVs are displayed as a pie diagram. The
 835 enrichment approach influences the distribution of types of EVs more substantially than for MVs
 836 (cf. Fig. 1e). **d.** Size of EVs with (right) or without (left) cytoskeletal structures before (Upper panel)
 837 and after (Lower panel) HER2-based affinity purification, indicating the reduced size of the
 838 EVs independent of their content of cytoskeletal structures. MVs and HER2 MVs show no
 839 differences (data not shown).

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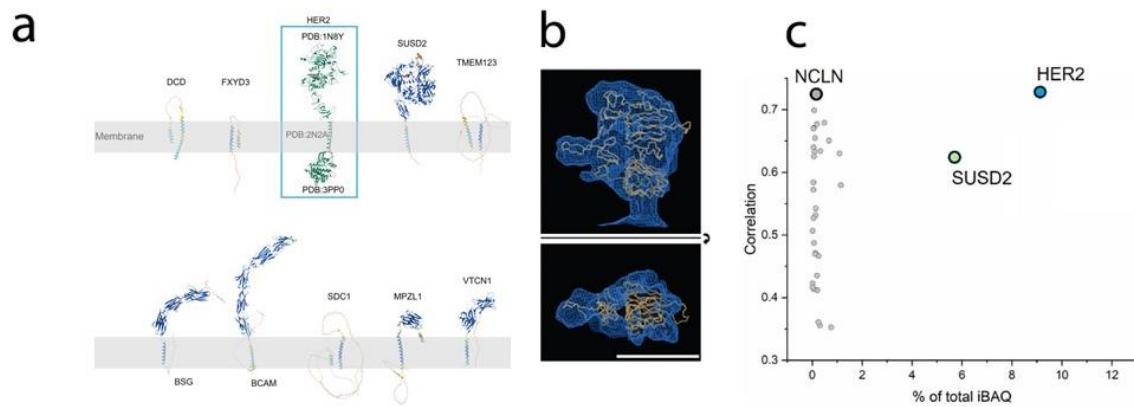


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842 **Figure 3. HER2-containing EVs and MVs. a.** x-y tomographic slices through representative HER2-
843 containing EV (i) and MVs (ii). Scale bars is 100 nm. **b.** The average line density through HER2-
844 containing EVs and MVs indicated that the MVs are less dense. The standard deviation is shown
845 by the shadowed area. The central line is drawn (top image, with a slice through an EV in the top
846 half of the picture and a slice through a MV in the bottom half). **c.** The HER2-enriched EV (left) and
847 MV (right) are shown as rendered views. Membrane (yellow), receptors (red), cytoskeleton (blue)
848 and molecular structures (cyan).

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852 **Figure 4. Structure determination of receptors from SKBR3-derived MVs.** **a.** The most
853 abundant membrane proteins (by mass spectrometry analysis) in MVs were modelled using
854 AlphaFold2, indicating that most of the abundant proteins are structurally distinguishable from
855 HER2. **b.** The derived HER2 structure docked into the calculated 3D structure, fits well. The
856 threshold of the structure was increased to also include less rigid features. The structural
857 subdomains of I, II and III of HER2 ECD were used for the docking. **c.** Visualization of the structural
858 correlations between 34 membrane proteins found in the vesicles, which have similarly sized
859 non-membrane domain as HER2, with the resulting 3D density map for HER2 are shown as a
860 function of the estimated protein abundance (total iBAQ). While HER2 showed the highest
861 correlation, the ER protein NCLN showed a similar correlation value, however this membrane
862 protein is found only in limited amounts. The protein SUSD2 appeared in a similar—lower
863 though—abundance compared to HER2, but it showed only a correlation of 0.62, much lower than
864 the reconstructed structure.

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